**Therapeutic Use Exemption (TUE)**

In accordance with KIF Anti-doping rules, testing will take place at the 5th KUDO World Championships scheduled in 2018.　Athletes requiring Therapeutic Use Exemption (“TUE”) are requested to submit an application through the homepage.

<http://ku-do.com/wp/617-2/>

TUE is a system that allows, under certain conditions, the use of otherwise prohibited substances when they are required for medical reasons.　If an athlete must use prohibited substances for the purpose of medical treatment it is mandatory that he or she submits an application to seek a TUE.　Please refer to KIF’s homepage for details on how to apply for a TUE.

Athletes having been contacted by KIF to indicate their whereabouts may be subject to Out Of Competition Testing (OOCT) based on the information provided. It is therefore essential that they provide accurate information to allow such testing.

“TUE”, or Therapeutic Use Exemption

In cases an athlete needs to take specific medication or undergo medical procedure falling under the WADA Prohibited List, they may exceptionally be able to do so, by seeking in advance an exemption through the appropriate procedure.

(Please refer to the World Anti-Doping Agency’s website (https://wada-ama.org/) for information on conditions and further notes.)

Without approved TUE, use of medication or medical procedure falling under the WADA prohibited list, even for medical reason, is however prohibited and may be considered a breach of Anti-Doping Policies. It is therefore important to take into careful consideration and follow the below application procedure.

As a rule of thumb, please remember to apply for approval at least 30 days ahead of a tournament where you need a TUE.

## Medication/Procedures that can be subject to TUE

・The athlete would experience significant health problems if not taking the otherwise prohibited substance or method;  
・There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or method;  
・The therapeutic use of the substance would not produce significant enhancement of performance beyond the regaining of normal health;  
・The requirement to use that substance or method is not due to the prior use of the substance or method without a TUE which was prohibited at the time of use.

## Application Method

Athletes participating in international competitions subject to the Kudo International Federation (“KIF”) anti-doping regulations must submit their TUE applications to KIF. The first requirement for TUE application is the preparation of the TUE application formwith the athlete’s physician.

After downloading the TUE application form, the athletes must fill out the information about them by themselves, then have their doctor write the diagnosis details and accompanying medical information. Case examination will be done by the TUE Committee based on that documentand other relevant information, and the result will then notified to the athlete.

In the event an athlete uses prohibited substances or prohibited methods of treatment in an emergency or for the treatment of an acute medical condition, application for TUE should be submitted as soon as practicable, even after the incident. This is called “retrospective TUE application”, and in addition to the ordinary application conditions described above, a medical document/certificate proving emergency will be required.

## Application Form

[WADA International Standard for Therapeutic Use Exemptions – ISTUE 2016](http://www.ku-do.com/eng/ad/img/TUE%20International%20Standard.pdf)

[Please refer to the attached word file](http://www.ku-do.com/eng/ad/img/wada-tue-application-template-2016-en_kif.docx)  
Inquiries and submissions should be addressed to:

Email: [kif.antidoping@ku-do.com](mailto:kif.antidoping@ku-do.com)

Kudo International Federation  
Anti-Doping Committee  
Eastern Building  
Minami-Ikebukuro 4-18-3  
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JAPAN

WADA International Standard for Therapeutic Use Exemptions – ISTUE 2016

[Download PDF](http://www.ku-do.com/eng/ad/img/international_standard.pdf)